

Benefits of Vasper



Hormone Balance

Increase Anabolic hormones: Vasper increases Human Growth hormone (HGH) and Testosterone. These are considered “anabolic hormones,” which are responsible for:

- Muscle mass
- Energy
- Endurance
- Confidence
- Resilience
- Quality sleep

Decrease Catabolic hormones: These hormones are responsible for stress, anxiety, and inflammation. Vasper lowers levels of catabolic hormones such as cortisol, leaving the body with all of the benefits of strenuous exercise with none of the soreness.

Weightloss

Burn fat: Increased testosterone levels stimulates fat metabolism.

Enhance metabolism: Vasper also augments the body’s gluten metabolism, making for a specialized workout that burns more body fat than traditional cardio.

Sleep

Balanced hormones lead to better sleep: A study conducted with US Army veterans concluded that Vasper lead to a 71% improvement in sleep quality at the end of the trial period.

Better mood, better relaxation: Vasper increases mood boosting hormones such as testosterone and endorphins, while simultaneously decreasing the stress hormone cortisol. These emotional benefits are proven to aid in pre-sleep relaxation.

Recovery

- **Reduce soreness:** Vasper reduces the catabolic hormones that are responsible for muscle soreness
- **Maximize muscle growth and repair:** With compression technology, vasper allows the muscles to build up metabolites such as lactic acid Experience a greater burn with minimized aerobic effort.
- **Increase efficiency:** Cooling gel in Vasper’s seats and cuffs guarantee that more oxygen is brought directly to the muscles, leading to decreased pain and increased recovery time.

Chronic Pain

- **Manage discomfort:** With its potential to boost mood and sleep quality, Vasper is an ideal supplemental treatment in conjunction with pain management therapy
- **Regenerate muscle tissue:** Vasper’s cooling and compression technology is uniquely tailored to stimulating muscle growth in a short period of time without the need for high amounts of exertion. A study involving individuals with mild to moderate Parkinson’s disease saw a 50% decrease in both muscle tension and instances of falling.
- **Relieve pain:** Many users of Vasper testify that their continued use of the technology has had a quantifiable positive effect on their overall feeling of well being. Vasper is proven to reduce swelling and relieve pain from injuries and chronic diseases such as Parkinson’s and Multiple Sclerosis
- **Accessible to all:** Vasper is designed to be usable and beneficial for all levels of mobility and fitness. Everyone from professional athletes, to elderly individuals, to military veterans can expect to be able to use Vasper and reap the rewards.

